

M.A. FINAL

2016-17

Paper – V

Advanced Human Development and Family Welfare

Unit I

1. Early childhood care and development: meaning, characteristics, importance of early childhood years and developmental tasks.
 - Objectives of ECCE
2. Types of Preschool Programmes: Creche, open school, Montessori, Kindergarten Balwadi, Anganwadi.
3. Concept of formal and playway method.

Unit II

4. Concept of organisation and administration of early childhood centres, budget building, equipment, staff weekly and daily planning. Maintenance of records and registers.
5. Concept of ECCE curriculum – different indoor and outdoor activities, significance of play, science activity, art and craft activity.
6. Parental involvement in early childhood education and care programmes and its importance.

Unit III

7. Young Adulthood (19-40 years).
 - Definition of an “Adult” need to study.
 - Developmental tasks of a young adult.
 - Significance of the period, responsibilities and adjustment: New family, work place, parenthood, Independence, financial matters.
8. Sex role - Meaning, concept, issues and their coping strategies, implications on young adults.

9. Middle Adulthood (41 to 60 years).
Definition, Physical changes Development Task and diseases.
 - Menopause, Health issues.
10. Stresses in middle age, coping with stress at family, workplace.
 - Occupation and Job satisfaction.
11. Pre-retirement and leisure – Preparation for retirement.

Unit IV

Late Adulthood and Aging

12. Definition, characteristics, developmental tasks physiological changes, Health problems.
 - Retirement – effect of retirement on self, family society, finances.
13. Old age and social adjustments.
 - Issue – Old age homes, loneliness, coping with loneliness.

Unit V

14. Family Welfare:
 - Programmes at local, state, national and international level.
15. Principles, Policies, organisations:
 - Functions objectives of these programmes and beneficiaries.
16. Rights and responsibilities of child, parent and society.

References:

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2. Craig, G. (1999): Human Development, NJ: Prentice Hall.
3. Lerner, R.M. and Hultseh, D.F. (1983): Human Development A Life span perspective, N.Y.: McGraw Hill.
4. Santrock, J.W. (1997): Life span Development, N.Y. Brown and Bench Mark.
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6. Chowdury, D. Paul: Child welfare/ Development.

7. Govt. of India, Ministry of Human Resource Development, Department of Women and Child Development. National perspective plan on Women. Unit VII (entire report).
8. Govt. of India Profile of the Child in India: Policies and programme, New Delhi: Ministry of Social Welfare. 1980: Units II, III.
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12. Foster and Heedley, Education in the Kindergarten.
13. Green and words, Nursery School Handbook for parents and teachers.
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