

FIRST YEAR ARTS, 2015 – 2016

PSYCHOLOGY

General Instructions: will be followed as per university norms*

1. There will be two theory papers of 70 marks each and Practical of 30 marks in each paper. The candidate will be required to pass separately in theory and practical examination.
2. Each theory paper will require four teaching periods of 45 minutes and four practical periods per week per paper. Practical class will consist of a group of 20 students.
3. Scheme : (Scheme will be followed as per university rules)

PAPER CODE : 1561

PAPER – I : BASIC PSYCHOLOGICAL PROCESSES

Unit-I : Nature and Scope of Psychology : Psychology as a science of behaviour, scientific methods of Psychology, Fields and application of Psychology.

Unit-II : Response Mechanisms : Peripheral, central and autonomic Nervous system, Endocrine glands, Sensory Process : vision-visual phenomena; structure and function of eye, colour blindness. Audition: Structure and function of ear Perception: Nature, attending and perceiving perceptual organisation.

Unit-III : Learning, Remembering and Thinking: **Learning:** Nature of learning, Factors and methods of learning, procedure of learning. Learning curves. Theories: Trial and Error, conditioning – classical and operant; Learning by Insight. Memory and Forgetting; Nature of remembering, retention, forgetting and factors of forgetting.

Thinking: Nature of thinking, concept formation and problem solving.

Unit-IV : Motivation and Emotion:

Motivation: Meaning and nature of motivation; need, drive, incentive, primary and secondary motives.

Emotions: Meaning, Nature of emotion, Theories of emotion: James-lange and Canon Bard, Physical changes during emotions.

Unit-V: Individual Differences: Intelligence; Meaning and nature, Measurement of Intelligence: Methods and Types of tests, factors affecting Intelligence. Personality: Meaning, Nature and factors affecting personality. Classification of personality, Jung, Kretschmer & Sheldon and Eysneck. Assessment of Personality.

Books Recommended:

- | | |
|------------------------------------|--|
| 1. Morgan, King & Robinson | Introduction of Psychology, New Delhi Tata McGraw Hill, 6/C, 1976. |
| 2. Hilgard, & Atkinson | Introduction of Psychology, New Delhi, Oxford & IBH 6/C, 1976. |
| 3. डॉ० शर्मा, एवं जे.डी. अग्रवाल | सामान्य मनोविज्ञान, लक्ष्मी नारायण, आगरा । |
| 4. डॉ० शर्मा, एवं एस.एन. भार्गव | आधुनिक सामान्य मनोविज्ञान, हरप्रसाद, आगरा । |
| 5. डॉ० प्रीति वर्मा एवं श्रीवास्तव | आधुनिक सामान्य मनोविज्ञान, विनोद पुस्तक मन्दिर, आगरा । |
| 6. डॉ० अरूण कुमार सिंह | सामान्य मनोविज्ञान , बनारसीदास |

PAPER CODE : 1562

PAPER – II : SOCIAL PSYCHOLOGY

- Unit-I : Meaning, nature and scope of social psychology and its relation with social sciences. Methods of social psychology, observation-participant and non-participant, Interview, Field experimentation, sociometry.
- Unit-II : Social perception: Its nature and meaning, effects of motive, attitudes and values of social perception. Social norms – Meaning, tradition custom, law and fashion. Socialization – meaning, nature and process of socialization. Agents of Socialization.
- Unit-III : Attitude and Social change: Meaning, nature characteristics and methods of measurement of attitude. Thurston and Likert methods, attitude change.
- Unit-IV : Prejudice and stereotypes: Meaning, nature; effect on social behaviour. Methods of removing prejudices.
Leadership: Meaning, nature characteristics and functions of leader. Types of leader.
- Unit-V: Social cognition: Meaning, nature and determinants. Communication-meaning nature, factors and types: Verbal and non-verbal, one way v/s two way, one sided v/s two sides.

Books Recommended:

1. S.S. Mathur Social Psychology
2. Kretch and Krutchfield Individual in society. McGraw Hill, 1962.
3. M.C. David J.W. Social Psychology, New Delhi Willey Eastern,
and Harary 1979.
4. Lindgren, G. An introduction to Social Psychology, New Delhi
Willey Eastern.
5. लाल बच्चन त्रिपाठी आधुनिक सामाजिक मनोविज्ञान, हरप्रसाद भार्गव, आगरा
।
6. डॉ० के.एन. श्रीवास्तव आधुनिक सामाजिक मनोविज्ञान, हरप्रसाद भार्गव, आगरा
सिंह व पाण्डे ।
7. डॉ० के.एन. शर्मा सामाजिक मनोविज्ञान, राजस्थान, हिन्दी ग्रन्थ अकादमी,
जयपुर ।
8. Baron & Byrend Social Psychology, Pranteci Hall India, New Delhi
9. Paliwal, Murty Suprithy Social Psychology